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Province mulls coyote bounty

WILDLIFE Nova Scotia's natural resources minister isn't ruling out placing a bounty on coyotes in the province.

John MacDonnell told CTV News late last week that he's asked his staff to look into it and contact officials in Saskatchewan, which implemented a bounty in November.

MacDonnell says there are still a number of questions surrounding a possible bounty, including whether it would be possible to "eradicate the problem coyotes."

CTV reports a woman was attacked Thursday by a coyote in Maitland, though her injuries were not believed to be serious.

The animal grabbed the woman's leg, but she was able to fight it off.

THE CANADIAN PRESS

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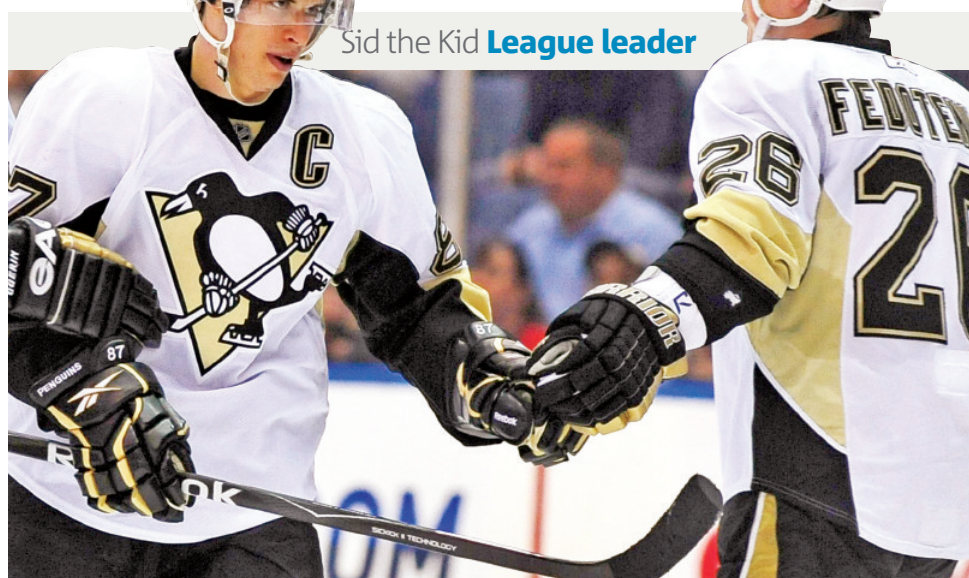
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Sports pg 10



Lefty wins 3rd green jacket

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Pittsburgh's Sidney Crosby, left, is congratulated by his teammates after his first-period goal last night against the Islanders in Uniondale, N.Y. It was Crosby's 50th goal of the season. Crosby would add another goal as the Penguins beat New York 6-5 in overtime. Crosby's 51 goals on the season left him tied with Tampa Bay's Steven Stamkos for the league lead. **Story, page 10.**

Competitive imbalance?

HST hike leads some small businesses to talk of move to N.B.

An increase in the harmonized sales tax in Nova Scotia has some worried that the province is making itself less competitive as it earns the tag as the highest taxed jurisdiction in Canada.

The tax hike was the big news in last week's provincial budget and is intended to help the NDP government hold the line on expenses to battle a deficit pegged at \$488 million for 2009-10.

Although hardly a surprise, the government's move to boost the HST by two percentage points to 15 per cent has drawn general scorn from the business sector, which maintains it con-

"Small business will find a way to survive, but they certainly won't be as successful on a go-forward basis under this budget."

Peter Wilde, chartered accountant

tinues to pay as provincial spending increases.

Among the most vocal have been members of the small business sector.

"Small business is infinitely adaptable and small business will find a way to survive, but they certainly won't be as successful on a go-forward basis under this budget," said Peter Wilde, a Halifax-area chartered accountant.

Wilde contends that as retail sales drop, potential

employers simply won't set up shop in Nova Scotia. He said he currently has two business clients who are now "seriously looking" at moving to New Brunswick, where corporate taxes are lower and the small business tax limit is higher.

The Canadian Federation of Independent Business has warned a tax hike will risk the health of small businesses already dealing with an increase to the minimum wage.

The heavy criticism from business has stung Finance Minister Graham Steele, who last week expressed his frustration with the business federation in particular.

"Nothing seems to be good enough for them," he told reporters at the legislature.

Steele maintains the province's business climate is healthy and will improve as the economy recovers from the global recession.

However, he will meet with merchants and municipal officials this week in Cumberland County to discuss the ongoing concerns along the New Brunswick border.

THE CANADIAN PRESS

Overhaul proposed for Barrington St. properties

RENOVATIONS Two registered historical properties on Barrington Street may be getting a facelift.

Municipal staff will present a report to regional council tomorrow that recommends "minor alterations" to the buildings located at 1652, 1656 and 1662 Barrington St. to include increased office space.

The buildings, owned by Starfish Properties, previously housed Sam the Record Man and Granite Brewery, but now sit vacant.

The most substantial of the proposed alterations is a two-storey addition to 1662 Barrington. The addition would be set back 10 feet from the building's front facade, and would be "highly complementary" to the buildings original design, the report says.

Other changes include interior renovations and altering the external facades of the buildings.

Downtown Coun. Dawn Sloane said yesterday the alterations are a "no-brainer," and hopes that newly refurbished office space will attract businesses back downtown.

"That's what it's all about: Making sure we have new businesses coming into the downtown," she said. "Not fleeing to the suburbs or to a business park."

Council has a few options going forward, including approving the alterations without conditions, approving the alterations with conditions, or refusing the alterations outright.

ALEX BOUTILIER/
FOR METRO HALIFAX

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Local



Suspect nabbed in shooting death

Halifax police have arrested a man wanted in the slaying of a Hamilton, Ont., man killed during a student party last month. Police say "community co-operation" led authorities to look for Tyrone Chambers, left, in Nova Scotia, and he was arrested shortly after midnight on Saturday. Chambers is facing a slew of charges, including second-degree murder and attempted murder. Eighteen-year-old Brandon Musgrave was fatally shot in the head at a crowded house party in Hamilton last month. THE CANADIAN PRESS



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Mountie slapped with DUI charge

CRIME A Lunenburg County RCMP officer has been charged with drunk driving after allegedly driving her car off the road earlier this month.

RCMP received a call on April 4 from someone reporting a vehicle had gone off the road by Risser's Beach. An intoxicated woman had reportedly identified herself as a police officer.

The car was pulled out of the ditch and the driver left before police arrived.

RCMP eventually tracked down the vehicle and the driver.

Last Friday, they charged Catherine Frances Mansley, 43, with impaired operation of a motor vehicle. She is scheduled to appear in Bridgewater Court June 9.

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These results are not official.

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'It's been part of our life'

Patrons bid farewell to beloved Spartan diner on Quinpool Road

ALEX BOUTILIER
for Metro Halifax

Janet Raffelock has been eating the same meal on Friday night for the last 41 years.

Raffelock, along with her husband, Robert, has come to the Spartan restaurant on Quinpool Road almost every Friday since moving here from New York in 1969.

But the Spartans closed its doors for good yesterday, leaving the Raffelocks, and many other longtime regulars, emotional.

"It's been part of our life. We can't believe it won't be here anymore," said Raffelock. "It was more than a restaurant. It's a real Halifax institution and we shall miss it with all our hearts."

Located on the corner of Quinpool and Oxford Street, the Spartan was established in 1966 by the Kyreakakos family, who immigrated to Halifax from Greece.

Owner Maria Kyreakakos has been part of the business since Day 1, and was still waiting tables and chatting with customers yesterday. An emotional Kyreakakos credited the business' longevity to the loyalty of their regular customers.

"We have a lot of regu-



Maria Kyreakakos, left, owner of the Spartan restaurant, puts her arm around customer Ruby Reed just before the Quinpool Road diner closed its doors for the final time yesterday.

"It was more than a restaurant. It's a real Halifax institution."

Janet Raffelock, customer

lars, a lot of nice young people from (the) university ... We have the best customers you could ever have," said Kyreakakos.

"We managed to pull it through, and it's the people that made it all through these years ... We love them, like little Ruby here."

Ruby Reed, 14, has been coming to the Spartan for 10 years, simply referring to it as the "best place ever." As Ruby received a large hug from Kyreakakos, her mother Julie Schwartz said she was Ruby's age when she had

her first date at the Spartan.

"It really is, it's like a second home for us," said Schwartz. "I've had business meetings here. I come with my husband, we're here almost every weekend. It's a wonderful, wonderful place."

The Spartan's building and assets have been sold, and a new Egyptian-themed restaurant is set to open there in the future.

Car with woman, son shot at in North Preston

GUNFIRE Shots were fired at car carrying a woman and her seven-year-old son on Friday in North Preston.

RCMP say the woman was driving with her son

past Nelson Whynder School and turned left onto Cain Street at about 5 p.m. A vehicle then drove up beside her and she heard several shots.

No one was struck but the rear window of the woman's car was damaged.

The only description of the car is that it was grey and may have had three

occupants.

It's the latest in a string of violent acts across HRM. The municipality has seen eight shootings since March 22. METRO HALIFAX

Edmonton suspect in hotel sex assault to remain in custody

SHELBY MCDONALD
for Metro Halifax

incident on April 3 at the Four Points Sheraton on Hollis Street.

The 21-year-old's bail hearing began Friday in Halifax provincial court but was adjourned until Wednesday.

Wilson, a military engineer stationed at CFB Edmonton, will remain in custody at the Central Nova Scotia Correctional Facility in Dartmouth.

Police say a U.S. couple

had just checked into the hotel when the female victim left to get something from a vending machine.

It was then, police say, that the woman was confronted by a man who began sexually assaulting her.

In an effort to escape, police say the woman convinced the man to take her back to her room, where she yelled for her husband.

Police say the assailant

then began assaulting the husband, while the woman went to the front desk for help.

Officers arrived on scene and after conducting a search of the hotel, police say the suspect was found in the hallway on the fourth floor.

Police say the female victim wasn't injured, but she was shaken from the ordeal. Her husband suffered minor cuts and bruises.

Man sought in domestic dispute

SEARCH A domestic dispute turned into a potential standoff and then a search for a wanted man yesterday.

Halifax Regional Police responded to reports of a domestic dispute on Clover Lane in Harrietsfield shortly after 7 a.m.

A 31-year-old woman had taken her two children and fled the home to a neighbour's house, alleging her husband had threatened and assaulted her.

Police believed the man was still inside the home and had access to firearms. A warrant was attained and when police entered the residence at about 3 p.m., the man was nowhere to be found. Officers did find some marijuana plants and drug paraphernalia.

Police say they are now searching for a 36-year-old man. METRO HALIFAX

Driver's lawyer contacts police after collision

CRASH Halifax police say they've been contacted by the lawyer of a driver who left the scene of a head-on collision that sent three people to hospital with serious injuries.

Police say they had been searching for the driver of a truck that collided with a car around 2 a.m. Saturday at an intersection in Dartmouth.

Sgt. Richard Gilroy says the lawyer informed police that the man has contacted his family and is seeking medical assistance for his injuries.

Gilroy says three people — two males and one female — were extracted from the car with the help of the Jaws of Life and were taken to hospital with injuries believed to be non-life-threatening.

Gilroy says investigators still haven't found the man, but expect after talking to his lawyer that he will eventually turn himself in to police.

He says the investigation is continuing and charges are likely pending.

THE CANADIAN PRESS

New7Wonders group to visit N.S.

The director of New7Wonders, a group setting out to determine the "new seven wonders of nature" will visit Nova Scotia April 15 and 16 to see the Bay of Fundy. The area is a global finalist, with the winner to be announced in November 2011. **METRO HALIFAX**

Polish Haligonians mourn tragic deaths

ALEX BOUILLIER
for Metro Halifax



Members of Halifax's Polish community gathered at St. Faustina Kowalska Polish Mission yesterday to mourn the tragic deaths of a number of Poland's top elected officials.

Approximately 100 people filled the pews at St. Faustina's for Polish-language mass yesterday. Rev. Jan Grotkowski urged his congregation to pray for Polish President Lech Kaczynski and the 95 other political, military and religious leaders who perished in a plane crash on Saturday.

Grotkowski said the Polish community is still in a state of shock from the news.

"It is a very sad time for us," said Grotkowski, who came to Canada in 2007. "We are here to pray to the Lord for the peace and eternal happiness for their souls...What we can do for them? Just pray."

Kaczynski was leading a delegation to Smolensk, Russia, where he and other leading Polish figures were to attend a memorial for 22,000 Polish officers slain by Soviet secret police in

1940.

The investigation into the cause of crash is still ongoing.

Urszula Rudz, president of the congregation at St. Faustina, spoke with her mother-in-law in Poland after the crash. She said it was an even bigger shock, considering what the delegation was going to commemorate.

"They are shocked," said Rudz.

"These people were going to Katyn where 70 years ago big people died there. Now again, big people, the top of the government died in the same place. People are shocked, sad."

Jan Skora, who came to Canada from Poland in 1984, said Saturday's crash was "devastating" to the Polish community. But he said he's also hopeful it will bring that community together.

"It will have some affect on us emotionally and will stay for awhile" he said. "But I think this brings us together again to make sure that we'll have some second-thinking about what happened in the past and what's going on right now. It's terrible right now."



Rev. Jan Grotkowski delivers mass at the St. Faustina Kowalska Polish Mission in Dartmouth yesterday. Members of the local Polish community are in mourning after Saturday's plane crash in Russia that killed 96 people including President Lech Kaczynski.

Fund's legacy call centres, small biz

EMPLOYMENT A decade after a \$98 million government fund was created to help Cape Breton transform its economy after the collapse of coal mining, the jobs legacy includes four call centres and a half dozen other small businesses.

The legacy of the landmark Cape Breton Growth Fund — quietly wrapped up by the Conservatives in early 2008 — is defended

by its federal overseers at Enterprise Cape Breton as having injected jobs at a time when there were few economic alternatives available.

However, critics of the program are disturbed that no formal evaluation was conducted when the program closed, and worry that call-centre jobs aren't a firm foundation for a post-coal mining economy.

An access-to-information request to the Enterprise Cape Breton Corp. resulted in a list of the 25 companies and 16 government and non-profit recipients of the money, with indications they expected to create a total of 3,894 jobs. In follow-up emails, the agency confirmed 2,125 growth fund jobs still exist at call centres.

THE CANADIAN PRESS

Police arrest 22 high-schoolers

DRUGS Police say 22 students were arrested at a high school in northwestern Nova Scotia after complaints about kids using drugs in the parking lot.

The students were detained and questioned Friday at Amherst Regional High School.

Police say they seized a small amount of marijuana before releasing the students to the care of school officials.

Deputy Chief Ian Naylor of the Amherst police said today a decision on charges is pending.

Meanwhile, the school administration has contacted the students' parents.

Carolyn Pierce of the Chignecto Central Regional School Board says they will continue to work with police as the investigation continues.

THE CANADIAN PRESS

Card owner not a constituent

CORRECTION A story in last weekend's edition of Metro Halifax said Independent MLA Trevor Zinck was accused of running up thousands of dollars of online gambling debt on a disabled constituent's credit card. The card owner, Scott Marshall, is a longtime friend of Zinck's but not a constituent.

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Canada



G8 leaders face mighty mosquito

G8 leaders meeting in Ontario's cottage country this summer will see some of Canada's most ferocious, bloodthirsty creatures: The black fly and the mosquito. The leaders will be meeting right at the time when black flies are still biting and mosquitoes are coming into full force. But at Deerhurst Resort, where the leaders will hold their day-and-a-half meeting at the end of June, staff see no need to ramp up their bug control efforts.

THE CANADIAN PRESS

News in brief

DEATH A Canadian soldier was killed in a powerful roadside bomb blast while on foot patrol in a volatile community southwest of Kandahar City yesterday. The attack that killed Pte. Tyler William Todd, 26, happened near the community of Belayand. Brig.-Gen. Dan Menard, the commander of Canadian troops in Afghanistan, says Todd was on a routine patrol.

POLITICS You can't swing a dead cat around Parliament Hill without hitting a former staff member of Helena Guergis. Caucus colleagues have for years traded tales of staff allegedly coming in for harangues from the junior minister — and should have tipped the boss that trouble could loom ahead. Prime Minister Stephen Harper ousted her from the Conservatives on Friday and called in the Mounties to investigate unnamed allegations against Guergis.

THE CANADIAN PRESS

Vancouver Alley oop!



Members of the Fusion Athletic team of Chilliwack, B.C., are thrown in the air as they prepare for the Sea-to-Sky Cheerleading Championship in Vancouver yesterday. The competition is the largest outside of the United States with 2,700 athletes competing.

DAVID DICK/THE CANADIAN PRESS

Oversight highlights lapses in screening

Government guide fails to explain vulnerable sector search

The government's own "best practice" guide for screening volunteers makes no mention of a critical step to identify pardoned sex offenders such as Graham James.

The oversight highlights the current confusion in the system for doing criminal background checks, and serves as a pointed reminder to organizations gearing up for the summer volunteer season to ensure they follow a rigorous screening protocol.

Under existing legislation that has been strictly enforced since last December, only the individual being screened can request a

Numerous

- There were 887 pardons granted to sex offenders in 2009-10 and 667 the year before, according to the National Parole Board.

"vulnerable sector" search that would reveal a pardoned sex offence.

Yet Public Safety Canada's own "best practice guidelines for screening volunteers" does not explain vulnerable sector searches in detail, nor make clear that they must be initiated by the individual being screened.

A Public Safety spokesman said in an emailed statement that it's "implicitly understood that a vulnerable sector search is automatically part of the process."

Public Safety Minister Vic Toews is planning legislative changes.

THE CANADIAN PRESS



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Make a difference!

The Chebucto West Community Health Board is **seeking new volunteer board members** interested in creating a healthier community.

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We want our Board to reflect our community, so diversity, gender balance and the age of our members is important to us. We encourage any interested resident of our CHB area to apply. **If you have a desire to make your neighbourhoods healthier, we'd like to hear from you!**

For more information contact Andrea Cochrane, Coordinator, at 487-0591/Laurie MacNeil 487-0571 or submit a cover letter and resume that outlines your interests and background by **Friday, April 30, 2010 to:**

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Four years later, final Toronto 18 trial set to begin

The trial of the last three people accused in the Toronto 18 terror plot is set to begin today in a Brampton courtroom. **THE CANADIAN PRESS**

canada 5

Warmer and weirder

Inuit wisdom helping make sense of climate

Inuit hunters are helping scientists understand an essential fact of Arctic climate change — the weather's not just getting warmer, it's getting weirder.

A new study published in the journal *Global Environmental Change* has combined the observations of Inuit on the land with cold, hard data to conclude that Arctic weather is getting less predictable all the time.

"The character of weather is changing," said lead author Betsy Weatherhead, an atmospheric physicist at the University of Colorado. "The kind of style that it has to it."

Weatherhead's research began as an attempt to reconcile differences between

"Our numbers are telling only half the story."

Betsy Weatherhead, climate researcher

what Inuit were saying about their weather and what scientists were recording.

Hunters used to be able to count on stable weather, but were increasingly complaining that conditions were swinging wildly from day to day, making their traditional prediction skills less useful and endangering them on the land. The anomalies weren't showing up in the long-range studies

developed by researchers.

So Weatherhead decided to examine the weather in two Nunavut communities. Inuit told her that the greatest unpredictability was in June's spring weather, so that's where she focused her analysis.

Researchers combined weather information from detailed hunter interviews together with hourly temperature logs dating back more than 40 years. The two information sources backed each other up.

"I learned ... to listen incredibly carefully to what Inuit are saying in real detail and understand that our numbers are telling only half the story."

THE CANADIAN PRESS

Ottawa Going out for some air



Kiteboarder Brent Schmidt gets some air at Britannia Bay on the Ottawa River yesterday.

Taser manufacturer alleges bias in Vancouver airport death inquiry

COURT Taser International's fight to quash a public inquiry report that concluded the controversial weapons can kill lands in a Vancouver courtroom today.

The British Columbia government will ask the court to toss the weapon manufacturer's legal challenge of the findings from commissioner Thomas Braidwood's report from the first phase of a public inquiry prompted by the death of Robert Dziekanski

at Vancouver's airport.

The 550-page report released last year found that a jolt from a Taser could be fatal, and the weapons' use should be restricted.

Arizona-based Taser, which has a long history of litigation against any suggestion the stun guns are unsafe, responded with a blistering legal challenge alleging bias on the part of Braidwood, the inquiry's lead lawyer and a medical expert involved with the

proceedings.

The province has now filed its own equally biting reply, calling Taser's petition "offensive and abusive."

"The only evidence of any bias is that the petitioner (Taser) says the conclusion is wrong," the province said in a document filed with the B.C. court.

Today's hearing will deal with the government's motion to dismiss the legal challenge. **THE CANADIAN PRESS**

Good fundraising idea for Sunnyvale Park?

ESCAPE Dean Gunnarson risked drowning a lot more than his sorrows Saturday night.

The world-renowned escape artist was handcuffed and locked in a 240-litre metal drum filled with beer before fans at a bar in his hometown of Winnipeg, as part of a fundrais-

ing event for local food banks.

The boozy atmosphere of Gunnarson's escape was aided by some of the actors from the Trailer Park Boys — the Halifax-based television series about a group of perpetually intoxicated residents of a fictional mobile home park.

But as for Gunnarson himself? He doesn't even drink.

"I don't drink beer. I don't do drugs or smoke, but I tell you, that (escape) gave me a better high than if I had drank the whole 240 litres of it," the 46-year-old said afterward.

THE CANADIAN PRESS

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Norwegian media reported former bishop Georg Mueller has been hiding at a convent in Rome since news broke that he admitted to child abuse. Trondheim daily Adresseavisen yesterday published a picture of a smiling Mueller it says was taken shortly after the 58-year-old left the side exit of an unspecified nun's order in Rome. **THE ASSOCIATED PRESS**

World



Astronauts get bolt work done

Spacewalking astronauts had to pull out a hammer and pry bar while attaching a big, new tank full of ammonia coolant to the International Space Station yesterday, successfully driving in a bolt after two frustrating hours. The 346-kilometre-high action unfolded on the 40th anniversary of the launch of Apollo 13.

THE ASSOCIATED PRESS

Poland grieves deaths

Bodies of president, leaders return home after plane crash

Poland's government moved swiftly yesterday to show that it was staying on course after the deaths of its president and dozens of political, military and religious leaders, even as tens of thousands of Poles expressed their grief over the plane crash in Russia that shocked the country.

New acting chiefs of the military were already in place and an interim director of the central bank was named yesterday, with work running as usual, said Pawel Gras, a government spokesman.

It was a rare positive note on a day wracked by grief for the 96 dead and laced

Bitter irony for Poles

When Poland lost its president and top military brass Saturday in a plane crash that killed 96, it also lost much of its living history and other elite members of society. It is a supreme bitterness that they

died near, of all places, Russia's Katyn forest, where thousands of Polish officers were slain by Soviet forces in the Second World War in an attempt to eliminate some of the country's brightest.

with reminders of Poland's dark history with its powerful neighbour. The Saturday crash occurred in thick fog near the Katyn forest, where Josef Stalin's secret police in 1940 executed thousands of Polish military officers in the former Soviet Union.

President Lech Kaczynski and those aboard the aging

Soviet-built plane had been headed there to honour the dead.

Tens of thousands of Poles softly sang the national anthem and tossed flowers at the hearse carrying Kaczynski's body yesterday to the presidential palace after it was returned from the site of the crash in Russia.

THE ASSOCIATED PRESS

Kyrgyzstan Death toll from violence rises



Two Kyrgyz women comfort each other outside government buildings in Bishkek, Kyrgyzstan, yesterday. The number of dead during unrest in the central Asian country grew to 81 yesterday.

News in brief

AFGHANISTAN U.S. officials yesterday went one step farther in their new gentler tact with Afghan President Hamid Karzai, expressing sympathy for the pressure he faces and promoting him as commander in chief of the warring nation. U.S.-Afghan relations grew tense last week when Karzai, seeking to bolster his own political stature, lashed out against the

UN and the international community, accusing them of perpetrating a "vast fraud" in last year's presidential polls as part of a conspiracy to deny him reelection or tarnish his victory — accusations the U.S. and the United Nations have denied.

WEST VIRGINIA A pair of tall black boots and a lunch pail sat near the altar yesterday at the New Life Assembly church — a memorial to the 29 men killed

in the worst U.S. mining disaster since 1970 and a thank-you to those who make their living inside the mountains. Some of those who died have already been laid to rest, though crews were still working yesterday to remove the bodies of several others who didn't make it out. A list of victims has yet to be released. One miner who survived the blast remains hospitalized. **THE ASSOCIATED PRESS**

Pope's background questioned

VATICAN Long before entering Vatican life, Pope Benedict XVI won renown as a theologian and a German university professor, penning more than 40 books and winning a devoted following of students who respected his prodigious memory and brilliant mind.

One thing absent from his resume? Significant time as a parish priest.

Joseph Ratzinger, the future pope, only worked 15 months tending to a flock in the 59 years since taking his vows, instead closing

himself in the ivory tower of academia.

In his native Germany, the prominent Der Spiegel magazine has already declared his papacy a failure, speaking in its most recent issue of "the tragedy of a man who had set out to write books and, only near the end of his life, was summoned to assume the Herculean office at the Vatican."

Even the pope's staunchest admirers say

he's not the best manager.

"Benedict XVI is only infallible as an authoritative teacher of the faith, not as an administrator," noted the Rev. Joseph Fessio.

THE ASSOCIATED PRESS

Lunch at the funeral home? See you at 12!

Come to our Lunch and Learn Seminar!

Our seminar will teach you how to plan a funeral that will help your family when you won't be there to guide them. Funeral planning doesn't need to be a stressful and lonely experience. Light lunch provided - bring a friend!

April 14 noon: A.L. Mattatall Funeral Home 461-0700

April 21 noon: J.A. Funeral Home 455-0531

April 30 noon: Cruikshanks Funeral Home 423-7295



Got a great idea?

Have you ever had a great idea to make your neighbourhood healthier? If so, we'd like to hear from you!

Chebucto West Community Health Board is accepting applications to our Community Development Fund from qualified non-profit and community based organizations. Grants of up to \$5,000 are available.

To find out more about funding criteria, or to discuss your idea, contact Andrea Cochrane, Coordinator, at 487-0591, email andrea.cochrane@cdha.nshealth.ca or Laurie MacNeil at 487-0571 email laurie.macneil@cdha.nshealth.ca

Deadline for applications is Friday, April 30th, 2010



Sudanese to decide political future of president indicted on war crime.

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Comment

Taking nature pictures is a snap

CleanBreak



metronews.ca/cleanbreak

enjoy taking nature pictures. Over the years I have learned some useful tips, sometimes through controlled experiments and other times through unplanned

mishaps.

Here are some of my personal photo reminders.

When you stand up in a canoe and lean over to get that close-up picture of a loon, you might fall in. Your camera, if it is still on you, is likely dead.

So always wear your life-jacket and get a longer lens, especially for birds. If you are shooting in potentially wet weather have a quick cover-up. I usually wear an oversized jacket to cover up the camera or en-

case it in a plastic bag.

I rarely use flash outside unless I need an accent light and am bouncing it so it is not direct. Direct flash washes out natural colours and definition.

If you are shooting in a forest setting, it is often low light. You will likely need a fast lens (large aperture — small f-stop) and some sort of support like a mono-pod, a mini-pod, or a tripod.

If you are hand-holding your camera below 1/30 of

a second your hand movements will likely blur the shot. I have a hiking stick that is also a mono-pod. You can stick it in the soil to give you some stability. The lower the light the more stability you will need. In a pinch you can use items in the forest to stand your camera on but watch out for moisture, sap and dirt.

If you are taking pictures at the beach, watch out for the wrath of sand and salt. Both are not good for your

camera components.

Like snow, water reflects light and produces glaring spots and washed out colours. Use a polarizer filter to help add saturation and eliminate some of the glare. If you are waiting at one of the many beaches in Nova Scotia to catch the beautiful sunrise, try the sunset instead since the fog doesn't often burn off and you'll be sitting there and realize it is 9 a.m.

That being said the early morning light is beautiful

behind some cloud since cloud cover is nature's soft box.

If you are shooting and the light is uneven — bright in some parts and darker in others — don't believe your meter will get the exposure you want. To be on the safe side, bracket (take shots two or three exposures on either side of the original).

Rochelle Owen is director of sustainability at Dalhousie University. She has worked in the environment and sustainability field for 19 years; rochelle.owen@gmail.com.

Views

Reaching the fork in life's crossroads

HineSight



metronews.ca/hinesight

Today is my final column. In a few weeks I'll start my first charge as a United Church of Canada minister. It's the practice of my church to assign new pastors to churches that can't otherwise attract a minister. Usually, this is because these places can't offer perks such as, I don't know, proximity to a major city ... indoor plumbing ... protection from wolves.

All I can say is, a spiritual life is not for sissies.

Last week I invited readers to send in questions on ... just about anything. Here's a sampling:

One reader asked, "How can I stop worrying?" Remember, worrying is the Spanx® of the emotional spectrum. You feel like you're doing something to address the problem but really you're not. Why bother?

Yasmeen asked, "How can I get rid of the squirrels in my attic?" There's nothing more annoying than trying to sleep while squirrels are enjoying intimate relations above your head. It just reminds you of how much more of that

rodents get than we do. And, yes, Yasmeen, I know a 99.9 per cent effective method of squirrel removal. Collect some TNT, a burlap sack and a rocket launcher and message me back.

Samantha wants to know how to get people to stop feeding pigeons and how to deal with the pigeon eggs on her balcony. I would ask, are the people feeding the pigeons directly below your balcony? And, are you a decent aim?

Lorraine asked, "What's your philosophy of life?" I'm with the Buddhists, who say life is a constant round of building up and falling away, building up and falling away. Our task

is to become as comfortable with the falling away as we are with the times of building. So, when I find myself at a crossroad in life, or feeling that everything I've built is "falling away" I sit back, open myself to the universe and repeat this mantra, "Ohmy-godnooooooooooooooo!" at the top of my lungs. So far, this hasn't helped much. But then, life is a work in progress, isn't it?

Keep in touch via anehines.com.

And thanks to all. I've loved sharing your Monday mornings!

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



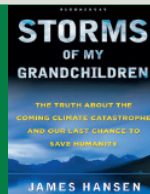
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Going Green

EDITOR: BEN.RYCROFT@METRONWS.CA



Future shock

The book *Storms of My Grandchildren* lays all the cards on the table in this thorough, detailed analysis of the history, science and politics of climate change, a *Silent Spring*-style warning cry that predicts "a rough ride" for our grandchildren. METRO NEWS SERVICES

No chemicals, great lawn

BEN KNIGHT
for Metro Canada



Were you working on your lawn this weekend? Are you dreaming of a summer of lush, green grass at the front or back of your home?

Pesticides and herbicides were a fact of gardening life in this part of the world for decades. But with pesticides banned in Halifax, the provinces of Ontario and Quebec, and a growing list of communities all over Canada, is it still possible to get the green, weed-free grassy expanse so many of us desire?

"The only thing you're giving up is an unsustainable monoculture and the nasty smell and toxic

fumes," says Sharyn Inward, executive assistant with Green Communities Canada in Peterborough, Ont.

If you think it's going to be frustrating and difficult to green your green, Inward is delighted to disagree.

"The first thing you want to do at this time of year is rake your lawn" Inward says. "Just picking up stuff that has matted in there. It's call dethatching. All that stuff is valuable mulch.

"Then you aerate, and that's just poking holes in the lawn. You can use a pitchfork, and there's also special spiked shoes, or you can have a commercial landscaper come by and do it for you."

Overseeding your lawn

Go online

• For more information, check out greencommuniti-escanada.org

thickens the grass. Letting it grow two to two-and-a-half inches tall makes it almost impossible for weeds to take hold.

"What people can also do is grow clover. It actually feeds the grass because it fixes nitrogen in the soil. And clover is green! You can encourage this slow-growing plant to complement your grass, and feed it at the same time to make your lawn a bit greener than your neighbour's in the middle of the summer when there's a drought."

Inward says good grass rises — literally and directly — from well-maintained soil. And it's not just your grass that benefits.

Pets and people become a lot safer when aggressive, destructive chemicals are put aside. Inward cautions that dogs are more susceptible to cancer than humans, particularly because of their shorter lifespans.

"The advanced stages of this are to minimize the lawn," she notes

"If you have a shade tree, for example, it's a losing battle to have lawn underneath. You should just mulch the whole area and plant shade plants. And you can also have more garden beds, which are easier to care for than a lawn."



There are many ways to grow a lush lawn without using harmful herbicides and pesticides, experts say.

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Dennis and Kathy Dean, Atlantic Fabrics

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MasterCard to open web mall

Through a partnership with an Internet company, MasterCard is set to launch a web mall today that it says can pinpoint with considerable accuracy what its cardholders are likely to purchase. **METRO NEWS SERVICES**

9

Business

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(Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



Demonstrators protest yesterday outside the Greek Orthodox Cathedral in Thessaloniki, Greece.

Greece's neighbours promise loans

Desperate to halt the Greek debt crisis that has hammered the euro, fellow eurozone governments tossed it a financial lifeline yesterday, saying they would make €30 billion (\$40 billion) in loans available this year alone — if Athens asks for the money.

The International Monetary Fund stands ready to chip in another €10 billion, said Olli Rehn, the EU monetary affairs chief.

The promise was another attempt to calm markets that have been selling off Greek bonds in recent days. Markets viewed the March pledge as too vague and carrying such tough re-

strictions that made it difficult for Greece to access any money.

As a result, investors demanded high rates to loan to the government as it struggles to avoid default and pay some €54 billion in debt coming due this year — rates the government says it can't go on paying. In an emergency video

conference, the finance ministers of the 16 euro-zone nations agreed on a complex three-year financing formula that generates an interest rate of "around five per cent."

This is less than commercial market rates but more than beneficiaries of IMF usually pay.

THE ASSOCIATED PRESS

Dubai to create financial-planning team

UAE Dubai's government said yesterday it is creating a team tasked with drafting a four-year financial plan and making recommendations on fiscal needs in the cash-strapped emirate.

The new body will operate under Dubai's finance department and report to the existing Supreme Fiscal Committee, which is chaired by Sheik Ahmed bin Saeed Al Maktoum, a top aide and uncle of

Dubai's ruler.

Dubai is scrambling to work itself out from more than \$80 billion US in debt amassed by the sheikdom and its many state-linked companies.

The semiautonomous city-state, one of seven that make up the United Arab Emirates, shocked global markets in November when it sought to delay repaying billions of dollars owed by its conglomerate

Dubai World.

THE ASSOCIATED PRESS



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Finance

Police Review Board

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Review Board Under the *Involuntary Psychiatric Treatment Act*

Justice

Judicial Council, Review Board Under the Criminal Code

Labour and Workforce Development

Construction Industry Panel, Crane Operators Appeal Board, Elevators and Lifts Appeal Board, Labour Standards Tribunal, Nova Scotia Labour Relations Board, Occupational Health and Safety Appeal Panel, Power Engineers and Operators Appeal Committee

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Derrick Rose had a game-high 26 points as the Chicago Bulls beat Toronto 104-88 yesterday, overtaking the Raptors for the eighth and final playoff berth in the Eastern Conference. The win puts the Bulls in the driver's seat as the NBA enters the final week of the regular season. Chicago leads Toronto by a game in the race for eighth. **THE CANADIAN PRESS**

Sports



Magic centre honours crash victims

Orlando Magic centre Marcin Gortat, left, had more important issues on his mind than basketball yesterday. The native of Poland paid tribute to his homeland's president, who was killed along with 95 others in a plane crash in Russia. Gortat wrote the number of the fatal flight on his sneakers before the Magic played the Cleveland Cavaliers and wrote President Lech Kaczynski's name on the tape around his wrist. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONews.ca

Crosby scores 50 goals for first time in NHL career

NHL Sidney Crosby finished the regular season with a flourish, scoring twice to reach 50 goals for the first time and adding three assists that helped the Pittsburgh Penguins beat the New York Islanders 6-5 in overtime Sunday.

Jordan Leopold scored at 4:25 of overtime for the Penguins, who will be the No. 4 seed in the Eastern Conference when the NHL playoffs begin this week. The defending Stanley Cup champions will host fifth-seeded Ottawa in their opener.

Crosby's second-period breakthrough gave him 51 goals this season, tying

him with Tampa Bay's Steven Stamkos for the Maurice Richard Trophy as the league's top goal scorer.

Crosby had three points in the opening 17:03, including his milestone goal in becoming the first Penguins player to score 50 since Jaromir Jagr in 2001-02. Crosby finished with 109 points, tying him with Washington's Alex Ovechkin for second behind Vancouver's Henrik Sedin (112) for the Art Ross Trophy.

Evgeni Malkin complemented Crosby's big game with two goals and two assists. **THE ASSOCIATED PRESS**

Emotional win for Mickelson

First tournament for his wife since her cancer diagnosis

Even sweeter than Phil Mickelson slipping into another green jacket was seeing his wife waiting for him behind the 18th green yesterday at Augusta National with tears streaming down her face.

Amy Mickelson had not been at a golf tournament since being diagnosed with breast cancer 11 months ago.

He had not looked the same ever since.

A shattered world seemed at peace in the fading sunlight yesterday at the Masters, where Mickelson made one last birdie for a 5-under 67 and a three-shot victory over Lee Westwood.

It was a forgettable final round for Canadian Mike Weir, who closed with a 5-over 77 to finish tied for 43rd.

The conclusion was far more emotional than anyone expected.

Mickelson shared a long embrace with his wife behind the 18th green, and as he walked to the scoring trailer to sign for the lowest score at Augusta in nine years, a single tear trickled down his cheek to his lip.

"We've been through a lot this year. It means a lot to share some joy together,"



Phil Mickelson celebrates on the 18th green after winning the Masters golf tournament in Augusta, Ga., yesterday for the third time in his career. Tiger Woods finished fourth, five strokes back.

Fourth not good enough for Tiger

- Tiger Woods takes little joy in finishing among the leaders at the Masters, even though by most standards his comeback will be deemed a success.
- When Woods strolled off

the 18th green, having rolled in a birdie putt that only assured he would finish tied for fourth, he saw no reason to celebrate.

- He had finished five strokes behind winner Phil Mickelson.

Mickelson said, his voice cracking as he struggled to keep control. "It's been such an incredible week, an emotional week. And to cap

it off with a victory is something I can't put into words. "It's something we'll share for the rest of our lives."

Determined to win one for his family, Mickelson made two remarkable par saves from the trees, seized control with a 15-foot birdie putt in the heart of Amen Corner and then made a gutsy play with a six-iron off the pine straw and over Rae's Creek on the par-5 13th to set up a birdie. It was the kind of shot that has brought Mickelson so much criticism for taking unnecessary risks.

THE ASSOCIATED PRESS

SCOREBOARD

NHL	MLB
YESTERDAY'S RESULTS	YESTERDAY'S AL RESULTS
Boston 4 Washington 3 (SO)	Toronto 5 Baltimore 2
Detroit 3 Chicago 2 (OT)	Boston 8 Kansas City 6
Los Angeles 2 Colorado 1 (OT)	Chicago White Sox 5 Minnesota 4
New Jersey 2 Buffalo 1	Detroit 9 Cleveland 8
Philadelphia 2 N.Y. Rangers 1 (SO)	N.Y. Yankees 7 Tampa Bay 3
Tampa Bay 3 Florida 1	Oakland 9 L.A. Angels 4
Pittsburgh 6 N.Y. Islanders 5 (OT)	Texas 9 Seattle 2
Anaheim 7 Edmonton 2	
NBA	YESTERDAY'S NL RESULTS
YESTERDAY'S RESULTS	Arizona 15 Pittsburgh 6
Chicago 104 Toronto 88	Cincinnati 3 Chicago Cubs 1
Miami 111 New York 98	Colorado 4 San Diego 2
Orlando 98 Cleveland 92	Florida 6 L.A. Dodgers 5
Portland 91 L.A. Lakers 88	Milwaukee 8 St. Louis 7
Minnesota 4 New Orleans	Philadelphia 2 Houston 1
Oklahoma City at Golden State	San Francisco 6 Atlanta 3
Houston at Phoenix	Washington 5 N.Y. Mets 2

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Canada's skip Kevin Koe takes a bite out of the gold medal he won yesterday at the world curling championships.

Koe leads Canada to gold

CURLING Another men's championship curling showdown with Norway, another gold medal for Canada.

Edmonton's Kevin Koe stormed out to a 5-1 lead en route to an emphatic 9-3 win over Norway yesterday in the final of the Capital One world men's curling championship.

The win comes less than two months after Edmonton's Kevin Martin beat Norway's Thomas Ulsrud 6-3 to capture the Olympic men's curling title in Vancouver.

The victory capped quite a ride for Koe, whose rink of Blake MacDonald, Carter Rycroft, Nolan Theissen and alternate Jamie King captured the Canadian title last month in Halifax in its first-ever appearance in the Brier.

"It's been such a whirlwind last month and a half for us," said Koe.

THE CANADIAN PRESS

Crushers down 3-1 in series

The Woodstock Slammers have the Pictou County Weeks Crushers on the ropes in the Maritime Junior A Hockey League Kent Cup Final. The Slammers have a 3-1 stranglehold on the best-of-seven series after a 5-3 win on Saturday night. Game 5 is tomorrow in New Brunswick. **METRO HALIFAX**

sports 11**Wildcats advance to semifinals after sweep**

QMJHL The battle for the QMJHL's President Cup is down to four teams.

The Moncton Wildcats completed a sweep of the Rouyn-Noranda Huskies on the weekend and have advanced to the semifinals against the defending champion Drummondville Voltigeurs.

The Saint John Sea Dogs, meanwhile, have drawn the Victoriaville Tigres in the other semifinal.

The dates for the best-of-seven series have not been set.

METRO HALIFAX**Blue Jays sweep Orioles, lift record to 5-1****MLB RESULTS****Blue Jays 5 Orioles 2**

MLB It's tough enough these days for the Baltimore Orioles to get 27 outs in a winning effort.

Getting 28 outs and a victory proved far too difficult a task yesterday against the Toronto Blue Jays.

Jose Bautista and Alex Gonzalez hit consecutive homers in the eighth inning after a two-out error by Miguel Tejada, and the Blue Jays beat the Orioles 5-

2 to complete a three-game sweep and improve to 5-1.

Kevin Millwood (0-1) took a three-hitter and a 2-1 lead into the eighth. The right-hander retired the first two batters before Tejada — a career shortstop now playing third base — misplayed a sharp grounder by John McDonald.

"I wish I could catch that ball. I tried my best," Tejada said.

Bautista then hit a 1-2 pitch into the left-field seats to put Toronto ahead for the first time. Gonzalez followed with his second homer of the game, a drive inside the foul pole in left.



Toronto second baseman John McDonald throws over Baltimore's Matt Wieters yesterday to complete a double play.

Game over.

"When things aren't go-

ing right for you and you give the other club a four-out inning, that's what happens," Orioles manager Dave Trembley said.

It was the first error of the season for Tejada, who has worked hard to make the transition to the hot corner.

"Even (Evan) Longoria, a Gold Glove last year, can make an error. That's an error anybody can make," he said.

Tejada did, however, feel bad for Millwood.

"He pitched a great game. I'm really sorry what just happened," Tejada said.

THE ASSOCIATED PRESS**Sports in brief**

BOXING Halifax's Tyson Cave has his first blemish as a professional. The previously unbeaten Canadian super bantamweight champion saw his perfect record fall to 10-1 at the Shaw Festival at Fairmont Royal York Hotel in Toronto on Thursday when he suffered an eighth-round technical knock-out at the hands of Ireland's Willie Casey. **METRO HALIFAX**

SCOREBOARD

PBL	W	L	PCT	GB
xy-Lawton-Fort Sill	18	2	.900	—
x-Puerto Rico	14	3	.823	2.5
x-Rochester	15	4	.789	2.5
x-Halifax	13	7	.650	5.0
Vermont	12	8	.600	6.5
Manchester	6	14	.300	12.0
Quebec	4	16	.200	14.0
Buffalo	3	17	.150	15.0
Maryland	3	17	.150	15.0

x — clinched playoff spot; y — clinched first overall

Cheverie gets 'orientation'

NHL Marc Cheverie joined the Florida Panthers on the road during the weekend after signing a two-year entry-level contract on Thursday.

The 23-year-old goaltender from Cole Harbour couldn't skate with the Panthers because he didn't have a work visa, according to the Miami Sun-Sentinel, but made the trip for "orientation," according to general manager Randy Sexton.

The Sun-Sentinel reported Cheverie met with Panthers strength-and-conditioning coach Craig Slaunwhite, who hails from Hatcher Lake.



Marc Cheverie

NCAA goaltender over three seasons with the Denver Pioneers, was also named an all-American on the weekend.

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Huskies loading up

AUS The Saint Mary's Huskies' latest round of football recruits includes a couple of local high school stars and a third King.

The Huskies have brought wide receiver Harrison Brown and defensive back Devin Connell, both from Citadel, and Neil King, the younger brother of Huskies alumnus Andrew King and current Huskie Ryan King, both Atlantic University Sport all-stars.

Brown is a two-time high school all-star who, along with Connell, won a pair of provincial titles with Phoenix.

King, who will play cover line-backer, will be joined by his Edmonton teammate Matt Lalonde, also a linebacker.

A total of 17 recruits were announced on Friday as the Huskies gear up to vie for their fourth straight AUS title in the fall.

METRO HALIFAX

Rainmen point guard Gary Ervin drives to the hoop against Shaun Fountain of the first-place Lawton-Fort Sill Cavalry at the Metro Centre earlier this year. The two teams will meet in the PBL semifinals starting Thursday in Halifax.

Rainmen in tough

Halifax to square off with No. 1 Cavalry in semis

MATTHEW WUEST
matthew.wuest@metronews.ca

Here's the good news for the Halifax Rainmen: They're in the Premier Basketball League playoffs. The bad news? They're up against the PBL's best team.

The Rainmen learned Friday they had been awarded the bottom seed in a four-team playoff, drawing the No. 1 Lawton-Fort Sill Cavalry in the best-of-three semifinal starting Thursday at the Metro Centre, after the PBL slapped together a patchwork playoff format.

The PBL was scrambling to come up with something after the Puerto Rico Capitanes were reinstated to the PBL on Thursday night, just more than a week after the club has been expelled for violating league rules.

The Cavalry went 18-2

and have beaten the Rainmen, 13-7, in two of three meetings this season, once in Oklahoma and once at the Metro Centre.

"They're big and they're strong, but we're big and we're strong, too," said Rainmen centre Larry Turner. "We're going to use our quickness and intelligence to get a win."

The Cavalry, new to the PBL this season, won the past two championships in the now-defunct Continental Basketball Association. Several key players from their CBA team are still on the roster.

"They have a lot of veterans and they play a good brand of basketball," said Rainmen small forward Greg Plummer. "You can't have any lapses in the game and expect to beat Oklahoma. You have to go in and take the game."

Thursday will mark the

first playoff game in the Rainmen's three-year history. Games 2 and 3, if necessary, will be held in Oklahoma on April 18 and 20.

The Capitanes, who will finish either second or third and face the two-time defending champion Rochester RazorSharks in the other PBL semifinal, bumped the Vermont Frost Heaves to fifth and out of the playoffs.

The Frost Heaves played at least two games under the assumption they had already been awarded a playoff spot and had already announced a date for their playoff opener.

Tickets were set to go on sale today.



For more Rainmen coverage on Twitter follow: **@metrorainmen**

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Reverse plagiarism?

A University of Regina engineering professor has been accused of plagiarizing a former student's work and trying to publish it in an academic journal. When the graduate submitted a paper for publication to the journal in the summer of 2008, he was informed his submission resembled another paper received six months earlier, which listed the student's academic supervisor and three other people as authors. The university's investigation is private at this point. **CBC NEWS ONLINE**

An artist at the centre of sport

OddJobs

Diane Peters

Metronews.ca/oddjobs



David Arrigo painted every Canadian gold medal winner at the Vancouver 2010 Olympic Games.

David Arrigo failed Grade 9 art. It bored him. Instead Arrigo, who's now 40, used toothbrushes and any old paint he could find to decorate friends' jean jackets.

Arrigo liked art enough by the end of high school to enrol in a college program for graphic design management. But he dropped out of the program and started taking odd jobs.

He was loading trucks when a former girlfriend — whom he'd long ago painted a jacket for — told the restaurant where she

was working about Arrigo. They wanted a wall mural and offered him the job.

He covered the four-foot by four-foot wall with a jazz-themed scene, and the owners loved it. Soon, he was getting mural commissions all over Toronto and

within a few months quit his other job.

Around this time, Arrigo picked up a mural painting book in an art supply store. "I got a quarter way through it, and then I tossed it. I can do my own thing." He still refuses to

look at art books.

In 1999, he convinced staff at Wayne Gretzky's restaurant to let him paint a massive mural. Around the time he finished the 80-foot by 30-foot piece, Gretzky announced his retirement and was inducted into the Hockey Hall of Fame. Arrigo was asked, at the last

The Lowdown

Job title: Sports artist
Salary: "It varies, but I'm able to have a good lifestyle and do lots of travelling."
Education: Self-taught
Best Part of the Job: "Interacting with people, I love that."
Worst Part of the Job: "Watching paint dry."

minute, to do a mural for the induction ceremony.

Arrigo proved himself by whipping off the piece in 30 hours (the paint was barely dry for the event). That soon led to a commission to do an 18-foot by seven-foot mural of the Leafs that still hangs in the Air Canada Centre today.

A huge hockey fan who began skating at age three, painting hockey greats and other sports scenes was no problem for Arrigo.

He's now gone to two Olympics — including Vancouver, where he painted all the gold medal winners — numerous Super Bowls and NASCAR races, among

other events.

Meanwhile, about three years ago, he painted his first goalie mask for Mike Smith of the Dallas Stars. The helmet covered with the Grinch (it was the holiday season and the Jim Carrey movie had just come out) worked out well. He's now done masks for 14 NHL goalies.

Whenever he's hired for a job, Arrigo does a rough sketch of what he plans to do. Once he's working on the mural, canvas or mask, he photographs his work at every stage and sends them to his client.

Arrigo uses acrylic paints to minimize fumes — he'll wear a mask when he's in his studio. But he often paints in public at sports event so passersby can watch him wield his airbrush and turn his favourites sports ideas and icons into art.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

NOTICE

Registration of Undertaking for Environmental Assessment ENVIRONMENT ACT

On April 8, 2010, General Liquids Canada Limited of 1233 Rocky Lake Drive, Waverley, Nova Scotia, B2R 1S1 registered an Asphalt Storage Terminal for environmental assessment in accordance with Part IV of the Environment Act.

The purpose of the proposed undertaking is to provide additional storage capacity of liquid asphalt cement for road construction contractors. The facility will be constructed near Duke Street on Rocky Lake Drive in Waverley, NS. The commencement of construction is proposed to commence by June 1, 2010 and be completed by December 31, 2010. Operation of the facility will commence once construction and commissioning are completed.

Copies of the registration information may be examined at the following locations:

- Royal Canadian Legion Dieppe #90 - Waverley Legion 2234 Rocky Lake Drive, Waverley, NS
- Waverley Village Hall CAP Site, 2463 Rocky Lake Drive, Waverley, NS
- Clean Nova Scotia, 126 Portland Street, Dartmouth, NS
- Ecology Action Centre, 2705 Fern Lane, Halifax, NS
- Nova Scotia Environment, 30 Damascus Road, Suite 115, Bedford Commons, Bedford, NS
- Nova Scotia Environment, 5th Floor Library, 5151 Terminal Road, Halifax, NS
- EA website (when available) <http://www.gov.ns.ca/nse/ea/>

The public is invited to submit written comments to:

Environmental Assessment Branch, Nova Scotia Environment

P.O. Box 442, Halifax, NS, B3J 2P8

on or before May 12, 2010 or contact the department at (902) 424-3230, (902) 424-0503 (Fax), or e-mail at EA@gov.ns.ca.

All submissions received, including personal information, will be made available for public review in the Nova Scotia Environment Library, 5th floor, Halifax Office, 5151 Terminal Road. Published by General Liquids Canada Ltd.



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Nova Scotia**

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NOVA SCOTIA
Health

Moyer dishes on Paquin romance

Stephen Moyer, who is engaged to True Blood co-star Anna Paquin, blames HBO for their relationship in a Details magazine article. "They put us in the same hotel ... The attraction was there, so it was a matter of whether we acted on it or not." **POPEATER.COM**

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Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Junos carry torch

Producers riding wave of Olympic spirit

This year's Junos hope to borrow some of the magic of the Vancouver Olympics.

Executive producer John Brunton says the show will look to connect with a country still on a high from the Games and might even incorporate some of the production tricks seen during the opening and closing ceremonies.

So, we'll see K'naan mingling with killer whales? Drake navigating cracking, splintering ice floes?

Not quite.

But the Junos will employ the same Quebec company that did projection work at the Olympics festivities, and Brunton says that the awards show will try to

carry on the same spirit of Canadian patriotism that permeated the Games.

"We're trying to ride the wave — this tidal wave — of Canadian enthusiasm and patriotism that's come out of the Vancouver Olympics," Brunton, the mastermind behind Canadian Idol and Battle of the Blades said in a telephone interview.

"I think the opening of the show has a real correlation with ... the whole vibe that came out of Vancouver. The whole sense of Canadians coming together in ways that we haven't really seen them do from a multicultural perspective and just a sense of pride."

Though Brunton is staying mum on most details for the show this Sunday, he says this year's installment of the Junos will set a new technical standard for the venerable show.

"It's just pushing the envelope of the technology of a rock 'n' roll show," he said. "In terms of the lighting and projections we're using on our set ... we're pushing ourselves technologically into a different place."

He says viewers won't see the giant spouting orcas that captivated during the Games — "because we don't have as large a palette in terms of our stage" — but the Junos set

The Juno Awards air Sunday on CTV



Justin Bieber is one of nine musical acts set to perform Sunday on CTV's broadcast of the Juno Awards in St. John's, N.L.

will be "a great palette that can transform itself over the course of the nine acts in the program."

Those acts include Drake, Justin Bieber, K'naan, Billy Talent, Blue Rodeo and Michael Buble, who carries a leading six nominations into Sunday's

festivities in St. John's, N.L. To further the Olympic theme, Canadian gold medalists Alexandre Bilodeau and Jon Montgomery will be among the presenters at this year's show, which will be held without a designated host.

THE CANADIAN PRESS

The Pirate way

Johnny Depp is adamant his decision to stick with the Pirates Of The Caribbean franchise was not motivated by money — insisting he "loves" his swashbuckling character.

FEMALEFIRST.CO.UK

Weekend box office

- 1 Date Night:**
\$27.1 million US
 - 2 Clash of the Titans:**
\$26.9 million
 - 3 How to Train Your Dragon:** \$25.4 million
 - 4 Why Did I Get Married Too:** \$11 million
 - 5 Last Song:**
\$10 million
 - 6 Alice in Wonderland:**
\$5.6 million
 - 7 Hot Tub Time Machine:**
\$5.5 million
 - 8 The Bounty Hunter:**
\$4.3 million
 - 9 Diary of a Wimpy Kid:**
\$4.1 million
 - 10 Letters to God:**
\$1.2 million
- THE ASSOCIATED PRESS

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8 Jason Derulo - In My Head

7 Sean Kingston Ft Justin Bieber - Enie Meenie

6 Rihanna - Rudeboy

5 Timbaland Ft Katy Perry - If We Ever Meet Again

4 Adam Lambert - Whataya Want From Me

3 Justin Bieber - Baby

2 Hedley - Perfect

1 Taio Cruz - Break Your Heart

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/12/10	31	31	31	ABC News Center 5	World News	Inside Edition	Chronicle	Dancing With the Stars (HDTV) (Live)	Dancing With the Stars (HDTV) (Live)	Winnipeg Comedy	CBC News: The National	Le Journal
	7	7	7	ASN The Road to Avonlea	Jeopardy! (N)	TMZ (N)	Little Mosque	Le Verdict: c'est votre opinion	Louis-José Houde	Le Journal	Le Journal	Le Journal
	11	11	11	CBC Wheel Fortune	La force	18 to Life (N)	Belle-Bale (N)	How I Met	Engagement	TwoHalf Men	Big Bang	CSI: Miami (N)
	2	2	2	CBC-F Pyramide (SC)	Evening News	Wheel Fortune	Jeopardy! (N)	Ma maison Rona (N)	Teste sur des humains (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	News Final (N)
	32	32	32	CBS WBZ News (N)	Le Cercle (SC)	Rachid	Top Bloppers	Hiccups (N)	Dan for Mayor	TwoHalf Men	Big Bang	CTV News
	69	69	69	CTM TVA nouvelles	ET Canada	NCIS: Los Angeles	CSI: Miami (HDTV) (N)	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	6	6	6	CHIF Entertainment	Access H.	NCIS: Los Angeles	CSI: Miami (HDTV) (N)	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	9	9	9	CJCH etalk	Access H.	NCIS: Los Angeles	CSI: Miami (HDTV) (N)	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	10	10	10	ELTV Face to Face	Fishing	Sportsland (Live)	TwoHalf Men	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	36	36	36	FOX Seinfeld	The Simpsons	TwoHalf Men	TwoHalf Men	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	12	12	12	NBC News (N)	NBC News	Access H.	Extra (N)	Chuck (HDTV)	Connect with Mark Kelley (N)	Trauma "Frequent Fliers"	Law & Order	Law & Order
	29	29	29	NW (6) Power & Politics	The Lang & O'Leary Exchange	Greater Boston	HS Quiz Show	Antiques Roadshow (N)	Antiques Roadshow (N)	American Experience (HDTV)	Among-Right	Among-Right
	4	4	4	PBS-B PBS NewsHour (N)	Business Rpt.	Business Rpt.	Stevens Expo	Antiques Roadshow (N)	Antiques Roadshow (N)	American Experience (HDTV)	Among-Right	Among-Right
	35	35	35	PBS-D Guerre clans	Atomes croch	Big Brother QC	Rire et délire	CSI: NY (N) (SC)	MoneyTalk	Market Call	Squeeze Play	Business News
	68	68	68	TQS Business News	Headline	Market Call Tonight	John King, USA (N)	Campbell Brown (N)	MoneyTalk	Market Call	Squeeze Play	Business News
	23	23	23	BNN Situation Room-Wolf Blitzer	Headline	Market Call Tonight	John King, USA (N)	Campbell Brown (N)	MoneyTalk	Market Call	Squeeze Play	Business News
	18	18	18	CNN Golf Central (HDTV) (Live)	The Golf Fix (HDTV) (Live)	The Golf Fix (HDTV) (Live)	MLB Baseball Chicago White Sox at Toronto Blue Jays. From Rogers Centre in Toronto.	Honey Project	Honey Project	Fabulous World of Golf	The Golf Fix	The Golf Fix
	54	54	54	GOLF Sportsnet Connected	HSR	Covers Experts	RaceNight	House "Lockdown" (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)	24 (HDTV PA) (N)
	52	52	52	RSE	Barrett-Jackson 2006	NASCAR	NASCAR Hub	Fast Track to Fame (HDTV) (N)	Racing Chef	NASCAR	NASCAR	NASCAR
	55	55	55	SCOR Off the Record	SportsCentre	That's Hockey!	NBA Basketball	Toronto Raptors at Detroit Pistons. (HDTV) (Live)	Overruled!	Han, Montana	Wizards-Place	Ned's School
	45	45	45	SPD	Wizards-Place	Sonny-Chance	Suite Life	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	53	53	53	TSN	Johnny Test	Johnny Test	Total Drama	Waybuloo	Toopy & Binoo	Franklin	Dino	Little Bear
	43	43	43	FAM	Guess-Jess	3rd and Bird	Backyardigans	Malcolm-Mid.	Hates Chris	8 Simple Rules	Things I Hate	Family Biz
	44	44	44	TOON	To Be Indie	iCarly	Criminal Minds (HDTV)	Intervention "Robby"	Intervention "Robby"	Vipers (2002, Suspense) Jessica Paré.	Runaway Sq.	Runaway Sq.
	26	26	26	TREE	The First 48 (HDTV)	APT National News (N)	Mishkuenita	Né dans la neige	Holiday Heart *** (2000, Drama) Ving Rhames.	ShowBusiness: The Road to Broadway	Michael (1996)	Michael (1996)
	27	27	27	TYT	UnStable	UnStable	Decoding the Undertow	Ballet Girls Ballet.	Amer. Funniest Home Videos	According-Jim	According-Jim	Michael (1996)
	16	16	16	A&E	Just for Laughs	Just for Laughs	Killer Next Door	Crimine Films	Dumb Criminal	Trace Evidence-Dr. Henry Lee	Killer, Door	Killer, Door
	70	70	70	APTN	Canada's Worst Handyman	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters
	50	50	50	BET	Extreme Makeover: Home	Dogfights "Air Ambush"	Secret Life of American Teen	Aftermath "Red Giant"	Aftermath "Red Giant"	America's Best Dance Crew	Behind/Music	Behind/Music
	37	37	37	BRVO	Buffy the Vampire Slayer	The Daily Fix	The Daily Fix	Ranked!	Spartacus: Blood and Sand (N)	Oper. Repo	Oper. Repo	Ghost Hunters
	25	25	25	CMT	Mantracker	Friends	Seinfeld	Mad Max *** (1979, Science Fiction)	Mad Max *** (1979, Science Fiction)	Law & Order: Special Victims	Seinfeld	Seinfeld
	49	49	49	COM	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade
	153	153	153	COURT	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE
	38	38	38	DISC	Canada's Worst Handyman	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters
	48	48	48	HGTV	Extreme Makeover: Home	Dogfights "Air Ambush"	Secret Life of American Teen	Aftermath "Red Giant"	Aftermath "Red Giant"	America's Best Dance Crew	Behind/Music	Behind/Music
	46	46	46	HIST	Buffy the Vampire Slayer	The Daily Fix	The Daily Fix	Ranked!	Spartacus: Blood and Sand (N)	Oper. Repo	Oper. Repo	Ghost Hunters
	17	17	17	MM	Mantracker	Friends	Seinfeld	Mad Max *** (1979, Science Fiction)	Mad Max *** (1979, Science Fiction)	Law & Order: Special Victims	Seinfeld	Seinfeld
	26	26	26	TREE	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade
	19	19	19	MMM	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE
	201	201	201	M1	(6:30) Finn on the Fly	(8:15) Franklin (2008, Drama) Sam Riley, Eva Green.	Ghost Hunters	Destination Truth	House-Payne	House-Payne	House-Payne	House-Payne
	48	48	48	OLN	Mantracker	Friends	Seinfeld	Mad Max *** (1979, Science Fiction)	Mad Max *** (1979, Science Fiction)	Law & Order: Special Victims	Seinfeld	Seinfeld
	51	51	51	PEACH	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade	Indiana Jones-Lost Crusade
	206	206	206	PIX	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE	W-FIVE
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	Le Téléjournal (SC)	Le Téléjournal (SC)	Le Téléjournal (SC)
	39	39	39	SHOW	Trailer Park	Trailer Park	Rich Bride Poor Bride	Bulging Brides	Bulging Brides	Rich Bride Poor Bride	Matchmaker	Matchmaker
	40	40	40	SLICE	Til Debt-Part	Wedding SOS	Stargate Atlantis (DVS)	Star Trek: Voyager	Star Trek: Voyager	Lucifers: The 8th Plague (2005)	Lucifers: The 8th Plague (2005)	Lucifers: The 8th Plague (2005)
	47	47	47	SPACE	Stargate SG-1 "Fallen"	UFC Unleashed	UFC Unleashed	The Ultimate Fighter (HDTV)	TNA Wrestling (HDTV) (N)	The View (HDTV) (N)	Dr. Oz Show	Dr. Oz Show
	14	14	14	SPICE	The Unit "SERE" (HDTV)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	Little People	Little People	Ultimate Cake Off (N)	Cake Boss
	58	58	58	ETalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	Little People	Little People	Ultimate Cake Off (N)	Cake Boss
	21	21	21	TLC	Say Yes-Dress	Say Yes-Dress	Re-Vamped	Wipeout	Léonie: secrète	Gorbachev, à visage	Parking Wars	Parking Wars
	56	56	56	TRAP	Carlawood	Prod. Parker	Re-Vamped	Wipeout	Léonie: secrète	Gorbachev, à visage	Parking Wars	Parking Wars
	20	20	20	TVO	Que-champion	Journal de Fr2	Un village français	Eyes Down	Wait for God	Blue Murder	Unscripted (N)	Unscripted (N)
	28	28	28	TV	Doc (DVS)	Mediums	Ghostly Enc.	Cold Case "Roller Girl"	Medium "Still Life"	Medium "Still Life"	Cold Case	Cold Case
	60	60	60	97	VIVA	House-Sell	House-Sell	Supernanny	How Clean Is	How Clean Is	Love It-List It	Love It-List It
	22	22	22	W	House-Sell	House-Sell	Supernanny	How Clean Is	How Clean Is	How Clean Is	Love It-List It	Love It-List It
	251	251	251	WGN	WGN Evening News	TwoHalf Men	Family Guy	Life Unexpected (N)	Gossip Girl (HDTV) (N)	Gossip Girl (HDTV) (N)	WGN News	WGN News

critics' corner

Dan for Mayor
Marketing is everything, even in politics. Make that especially in politics. And Dan (Fred Ewanuk) knows that, which is why he's working overtime to come up with the perfect symbol to represent his mayoral campaign. Claire (Mary Ashton), meanwhile, is obsessing over a whole assortment of details. Paul Bates and Benjamin Ayres also star in the new episode "The Symbol of Futility." 9:30 PM on CJCH



CSI: Miami
Horatio (David Caruso) and his team split up to investigate three different murders during spring break, as student bodies start to pile up in the new episode "Spring Breakdown." 8 PM on CJCH; 11:01 PM on CBS

Hiccups
They say no good deed goes unpunished. That's not necessarily always true, but when Millie (Nancy Robertson) decides to do some nice things for others, she quickly discovers that there is an upside and a downside. Joyce (Laura Solits) is also trying some behavior modification — specifically, working on her self-control. Brent Butf and David Ingram also star in the new episode "Thanks for Nuttin'." 9 PM on CJCH



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Monday, April 12, 2010

14 entertainment

New reports cite Jon Gosselin as "definitely open" to landing a co-starring role in his ex-wife's new TV shows *Twist of Fate* and *Kate Plus 8*, TMZ reports. **METRO NEWS SERVICES**

Celebrity Buzz

Splitsville for J and J

SO LONG AND THANKS FOR ALL THE GOSSIP FODDER Justin Timberlake and Jessica Biel have reportedly ended their three-year relationship, femalefirst.co.uk reports.

The showbiz couple, who have been dogged by suggestions their union is close to breaking up for some time, have called it quits.

"Justin truly thought he'd found the one in Jessica and she felt

the same. But the relationship just didn't seem to go anywhere," a source told the Sunday Mirror newspaper.

"It was mutual and they agreed it was best to part ways if things weren't going head to-

riage and kids. They are both incredibly busy."

Timberlake is currently filming new comedy movie *Bad Teacher* with his ex-girlfriend Cameron Diaz, and the pair have been enjoying their time together, sharing jokes and getting on better than ever, the same source tells the newspaper.

METRO NEWS SERVICES



Funny man to philosopher

SPEAK THOSE WORDS OF WISDOM. ACE Jim Carrey, who announced his split from Jenny McCarthy this week on Twitter, has posted several Tweets defending Tiger Woods and criticizing Woods' wife, Elin Nordegren, ew.com reports.

On Friday, Carrey wrote, "Tiger Woods owes nothing 2 anyone but himself. 2 please his father he gave up his

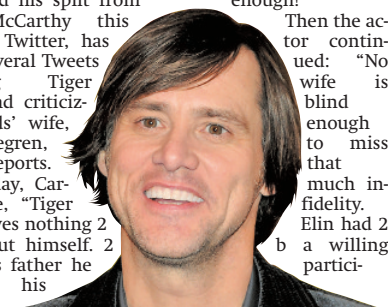
childhood and his freedom in the world. That's enough!"

Then the actor continued: "No wife is blind enough to miss that much infidelity. Elin had 2 a willing partici-

pant on the ride 4 whatever reason" and "No woman just stays at home with the kids anymore. Tiger was wrong and Elin was ignoring the obvious."

Carrey also commented on what he considered to be society's unfair treatment of Woods these past few months: "Whenever we form a consensus about some1 we envy, who's stumbling, our collective ego LOVES to flex its unified muscle! S'ugly!"

METRO NEWS SERVICES



Follow these celebrities on Twitter...

CelebTweets

JAMES VAN DER BEEK is going to be a father, **TYRA BANKS** is committing a fashion faux pas, and **PARIS HILTON** is dealing with a drenched phone.

@vanderjames Yes, it's true — the woman I love and I are expecting our first child... currently experiencing joy on levels I never knew existed. @tyrabanks I think I'm gonna wear the same outfit today as I did yesterday... shhhh! I really liked it!!! Have you ever done that?

@ParisHilton Tried drying my blackberry with my blow dryer. Phone is still dead, brutal. I give up, hopefully it will dry out on it's own overnight.

METRO NEWS SERVICES



Nothing says love like a safe landing

HEY, BABY, WHAT'S YOUR WING SPAN? Hilary Swank surprised her boyfriend by giving him a lift during one of her flight lessons, femalefirst.co.uk reports.

"I said to my instructor, 'Can we pick my boyfriend up?' says Swank. "And he said, 'Sure.' So we flew to Vegas and showed up at the airport."

METRO NEWS SERVICES



A painful boobie trap

SHOULD THEY STAY OR SHOULD THEY GO? Amy Winehouse found herself back in the hospital again, but this time it had nothing to do with drinking or drugs.

The troubled singer was in immense pain thought to be related to a recent breast augmentation, sources tell the Sun.

"Amy was in agony and became convinced it was something to do with her boobs," a source says. "She thought she would leave it for a while but the pain got worse. She went into the clinic and they kept her under observation. She is waiting for a decision on whether the implants have to come out or not."

METRO WORLD NEWS



One and a half men?

THAT JUST SOUNDS SILLY Charlie Sheen is speaking out to clear the air about rumours he's leaving *Two and a Half Men* over a salary dispute.

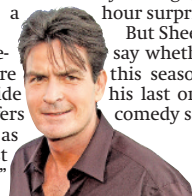
"All of the numbers reported in the press are false. Claims from 'inside sources' regarding offers from the studio as well as my salary, on their best day, are without merit,"

Sheen says in a statement to *People* magazine.

"In no way has this been a hasty or negligent 11th hour surprise."

But Sheen doesn't say whether or not this season will be his last one the hit comedy show.

METRO WORLD NEWS



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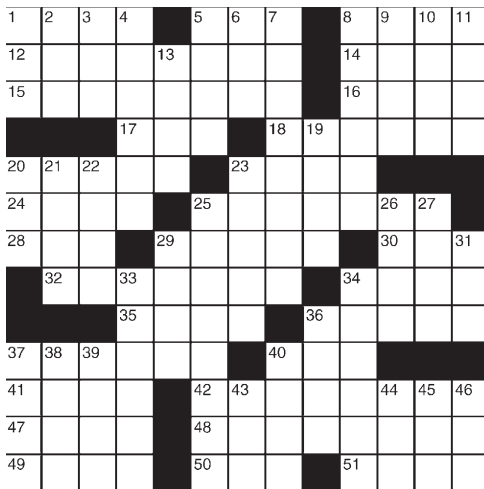
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Take Five



ACROSS

1 Often-dunked cookie
5 Away from NNW
8 Dog's feet
12 Not paraphrased
14 Last write-up
15 Hole
16 Depend (on)
17 Charged particle
18 "Shake, — and Roll"
20 Witch trial town
23 Trigonometric function
24 Persia, today
25 New Zealand bird, e.g.
28 Poorly lit
29 Poker table pronunciation
30 Joan of —
32 Suitable
34 Spill the beans
35 Humdinger
36 Baby kangaroos
37 Beverage of

the gods
40 Prepared
41 Beige
42 Hunger
47 Stay away from
48 Strangled
49 Mary — Lincoln
50 TV Tarzan Ron
51 "A — home is his castle"

DOWN

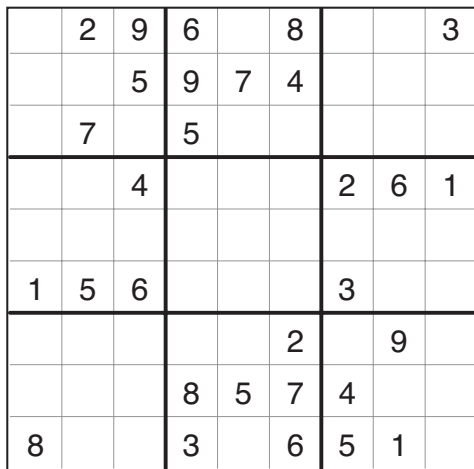
1 Eggs
2 Agent, for short
3 Before
4 "Tonight Show" host, briefly
5 Dazzle
6 Knight's address
7 Retired
8 "Anything Goes" composer
9 Help in wrong-doing
10 Volition
11 Eyelid problem
13 Fermi's bit
19 Working with-

out —
20 Comedian Caesar
21 Operatic solo
22 Genie's home
23 Animal track
25 Electrical strength
26 Harvard rival
27 Picture of health?
29 New Rochelle college
31 Letterman's network
33 Plump
34 Undersurface
36 Scoff
37 Bird's home
38 Reverberate
39 Gunky stuff
40 Agile
43 Chum
44 Call — day
45 X rating?
46 Sullivan and McMahon

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

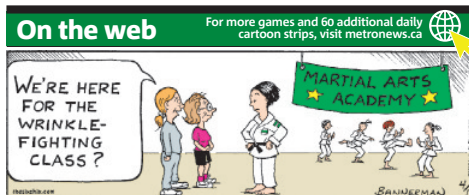
HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	4	2	3	6	9	5	1	8
8	1	5	7	4	2	6	9	3
3	9	6	5	8	1	7	2	4
1	7	3	2	5	8	9	4	6
6	2	4	9	1	7	3	8	5
5	8	9	6	3	4	1	7	2
2	3	7	4	9	5	8	6	1
4	5	8	1	7	6	2	3	9
9	6	1	8	2	3	4	5	7



Metro Recipe of the Day



Italian Summer Salad

INGREDIENTS:

250 g dried penne
2 tbsp extra virgin olive oil
1 tbsp lemon juice
1 garlic clove, crushed
1 small bunch fresh basil, finely chopped
200 g red and yellow cherry tomatoes, halved
150 g fresh mozzarella, cubed
200 g jarred roasted red peppers, cut into strips

METHOD:

1. Cook penne in pot of salted boiling water according to pack instruc-

tions, until al dente.

2. In large bowl, mix olive oil, lemon juice, crushed garlic and basil. Drain pasta. While still hot, put into bowl with dressing and toss. Set aside to cool
3. Season. Add vegetables and mozzarella and toss. Serve

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

As Wednesday's new moon falls in your sign you have every right to put your own needs first this week.



TAURUS

APRIL 21-MAY 21

You are in a thoughtful mood at the moment, the kind of mood where you don't feel like interacting with other people.



LIBRA

SEPT 23-OCT 23

Ask yourself what you can do to make other people's lives more exciting and fulfilling this week.



SCORPIO

OCT 24-NOV 22

Something you are working on would benefit from a second opinion, if only because you are too close to it and can't see the issues clearly.



GEMINI

MAY 22-JUNE 21

The pace of life will pick up dramatically over the next few days, but that will only be a problem if you insist on doing everything yourself.



SAGITTARIUS

NOV 23-DEC 21

A new moon in the sympathetic sign of Aries this week means it is time you put your own interests first. What's best for you? Do it!



CANCER

JUNE 22-JULY 22

As someone who respects the past you like things to stay as they are but that is not an option now. You must move with the times.



CAPRICORN

DEC 22-JAN 20

Make a point of letting partners and loved ones make their own decisions this week. It might surprise you how well they cope.



LEO

JULY 23-AUG 23

Have faith in your own ideas and don't be afraid to stick your neck out and take a risk. You are on the right track.



AQUARIUS

JAN 21-FEB 18

The approaching new moon suggests you will get more out of life by being co-operative than by being openly competitive.



VIRGO

AUG 24-SEPT 22

The planets make it easy for you to approach people in positions of power. Let them know who you are and what you can do.



PISCES

FEB 19-MARCH 20

Have the courage to take risks this week, even though everyone around you is telling you to stick with what is safe. Trust your instincts.



Mmmm 2 for 1!

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This day in history

1606: The Union Flag is adopted as the flag of Great Britain.
1633: The formal inquest of Galileo Galilei by the Inquisition begins.
1917: First World War: Canadian forces successfully complete the taking of Vimy Ridge from the Germans.
1945: U.S. President Franklin D. Roosevelt dies while in office; vice-president Harry Truman is sworn in as the 33rd President.
1955: The polio vaccine, developed by Dr. Jonas Salk, is declared safe and effective.
1980: Terry Fox begins his Marathon of Hope in St. John's, N.L.

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